

W I S C O N S I N
O P T O M E T R I C
A S S O C I A T I O N

2019 WOA Advanced Procedures Course

November 15-17, 2019

Glacier Canyon Lodge
Wisconsin Dells, WI



Who:	Wisconsin Optometrists
What:	2019 WOA Advanced Procedures Course
When:	November 15—17, 2019
Where:	Glacier Canyon Lodge, Wisconsin Dells, WI

The Wisconsin Optometric Association education committee is excited to announce the first 50 seats for the Advanced Procedures Course have been filled. The event will be held on November 15-17 at the Glacier Canyon Lodge in Wisconsin Dells. This will be an intense 16 hour course that includes lecture, videos and hands-on labs presented by staff from the Northeastern State University College of Optometry that is COPE and WI OEB-approved education. This event will run at the same location as the WOA Primary Care Symposium, but doctors will have to choose which event to attend as they will run concurrently.

We have spoken to the course providers, and we are able to add a 2nd lab session on Sunday morning to accommodate additional registrants (up to 50). Additional registrants (those registering June 3rd or later) would attend the large group sessions that begin at 2:00 on Friday and wrap up around 1:50 on Saturday. Your 4 hour lab session would be on Sunday morning starting at 8:00.

This course is a continuing education course designed to build on the outstanding education optometrists receive during optometry school and residency. It will provide doctors with the opportunity to increase their training and knowledge regarding optometric surgical procedures.

Speakers:

- ◆ Richard Castillo, O.D., D.O., Assistant Dean and Chief of the Ophthalmic Surgery Service - Northeastern State University, Tahlequah, OK
- ◆ Nathan Lighthizer, O.D., FAAO, Chief of Specialty Care Clinics and Chief of Electrodiagnostics Clinic - Northeastern State University, Tahlequah, OK
- ◆ Douglas K. Penisten, O.D., Ph.D., Professor and Dean at Oklahoma College of Optometry at Northeastern State University, Tahlequah, OK
- ◆ Joseph L. Shetler, O.D., Assistant Professor/Clinic Chief at Northeastern State University College of Optometry

CE Approval Information:

- ◆ 16 hours of COPE and Wisconsin Optometry Examining Board-approved education for SP (Surgical Procedures). You will notice that the COPE approvals are in 4 hour blocks and on the following schedule of events the description for each 4 hour session will proceed the session.

Registration Information:

To register please complete the event registration form and return to WOA with your payment. You may also register online at https://www.woa-eyes.org/event_registration?id=49.

We are unable to offer "partial" registration for the event - you must sign up for the whole event. This is due to the enrollment and contractual requirements.

Hotel Information:

There is a room block set aside at the Glacier Canyon Lodge with a rate of \$100 per night for Friday and \$119 for Saturday for a double queen or \$150/\$205 for 2 bedroom Deluxe. Call the hotel directly at 1-800-867-9453, and ask for the Primary Care Symposium Block. The room block will be released October 15th, 2019, and group rates are not guaranteed after that date. You must be a registered attendee of this event in order to reserve a room in the block.

Friday, November 15

1:00 p.m. - 2:00 p.m.

Registration

Description for this Education Block
(COPE#: 51927-SP):

The introduction to the NSUOCO Foundations of Optometric Surgery Course. The course will introduce optometric surgical education, and the six areas of competency expected of surgical trainees. Medico-legal aspects of surgical practice, surgical ethics, informed consent, the doctrines of non-delegable duty of care, the Captain of the Ship, and the doctrine of respondeat superior will be reviewed. The history of Optometric surgery to date, along with the scope of practice of Oklahoma non-laser surgery as defined by law. The concepts of surgical incision making and the properties of tissues that aid or hinder, surgical asepsis and OSHA regulations, basic instrumentation, sterilization, surgical anatomy, and common benign and malignant lesions of the lids and periocular tissues will be reviewed.

2:00 p.m. - 2:55 p.m.

“Intro to Optometric Surgery and Ophthalmic Surgical Instruments”

Richard Castillo, O.D., D.O.
COPE#: 51927-SP (Pending)

2:55 p.m. - 3:50 p.m.

“Review of Surgical Anatomy of the Face”

Richard Castillo, O.D., D.O.
COPE#: 51927-SP (Pending)

3:50 p.m. - 4:00 p.m.

Break

4:00 p.m. - 4:50 p.m.

“Review of Eyelid Anatomy & Eyelid Lesions”

Nathan Lighthizer, O.D., F.A.A.O
COPE#: 51927-SP (Pending)

4:50 p.m. - 5:50 p.m.

“Radio Frequency Surgery in Optometric Practice”

Nathan Lighthizer, O.D., F.A.A.O
COPE#: 51927-SP (Pending)

5:50 p.m. - 6:30 p.m.

Dinner

Description for this Education Block*
(COPE#: 51928-SP)

An introduction to the basic skill sets required for office-based surgical procedures. Presentations and discussion will center around selection, preparation and techniques of infiltrative anesthesia along with management of anesthesia-related complications, mechanical and radioablative lesion removal, and biopsy, tissue handling and histopathological submission, surgical instrumentation and surgical closures including suture and needle selection and basic suturing technique will be presented. Radiosurgical theory and techniques, and the value of this technology in optometric surgical practice will also be presented.

6:30 p.m. - 7:20 p.m.

“Office-based Local Anesthesia”

Dr. Richard Castillo
COPE#: 51928-SP

7:20 p.m. - 8:10 p.m.

“Oculofacial Surgical Asepsis”

Dr. Castillo
COPE#: 51928-SP

8:10 p.m. - 8:20 p.m.

Break

8:20 p.m. - 9:10 p.m.

“Introduction to Oculofacial Biopsy”

Dr. Castillo
COPE#: 51928-SP

**Education Block Finishes Saturday Morning*

Saturday, November 16

7:30 a.m. - 8:00 a.m.

Continental Breakfast

8:00 a.m. - 8:50 a.m.

“Chalazion Management”

Nathan Lighthizer, O.D., F.A.A.O
COPE#: 51928-SP

8:50 a.m. - 9:00 a.m.

Break

Description for this Education Block
(COPE#: 52351-SP):

A video based 4-hour Grand Rounds-style introduction to optometric office-based surgery. Discussion will center on common in-office surgical procedures performed in the primary

Saturday, November 16

eye care setting including dermatologic excisions, biopsies, lacrimal procedures, and office-oculoplastics for lid malpositions. Techniques will be demonstrated and analyzed by a panel of the respective practitioners, consisting of an ophthalmologist and an optometric surgeon. Attendees are welcome to bring their own video cases for presentation in a Grand Rounds-style format.

9:00 a.m. - 12:30 p.m.

“Video Grand Rounds”

Nathan Lighthizer, O.D., F.A.A.O & Richard Castillo, O.D., D.O.
COPE#: 52351-SP

10:30 a.m. - 10:40 a.m.

Break

12:30 p.m. - 1:00 p.m.

Lunch

1:00 p.m. - 1:50 p.m.

“Intro to Suturing”

Richard Castillo, O.D., D.O.
COPE#: 52351-SP

Description for this Education Block.
(COPE#: 52210-SP)

LAB SESSIONS

This four hour course is a workshop based course consisting of four stations. Each station will require the attendee to successfully perform the skills and techniques required to provide minor surgical procedures in the primary care optometric practice. Videos and powerpoint slides will be used during the workshop to assist the learning process.

Lab 1 schedule:

1:50 p.m.—2:50 p.m.

“Suture Techniques Lab”

Nathan Lighthizer, O.D., F.A.A.O & Richard Castillo, O.D., D.O.
Douglas K. Penisten, O.D., Ph.D.
Joseph L. Shelter, O.D.
COPE#: 52210-SP

2:50 p.m. - 3:00 p.m.

Break

3:00 p.m. - 6:00 p.m.

Lab Rotations

COPE#: 52210-SP

“Injection Techniques”

Douglas K. Penisten, O.D., Ph.D.
Joseph L. Shelter, O.D.

“Radiosurgical Techniques”

Nathan Lighthizer, O.D., F.A.A.O

“Oculofacial Biopsy”

Richard Castillo, O.D., D.O.

Lab 2 schedule:

Sunday, November 17

8:00 a.m.—9:00 a.m.

“Suture Techniques Lab”

Nathan Lighthizer, O.D., F.A.A.O & Richard Castillo, O.D., D.O.
Douglas K. Penisten, O.D., Ph.D.
Joseph L. Shelter, O.D.
COPE#: 52210-SP

9:00 a.m. - 9:10 a.m.

Break

9:10 a.m. - 12:10 p.m.

Lab Rotations

COPE#: 52210-SP

“Injection Techniques”

Douglas K. Penisten, O.D., Ph.D.
Joseph L. Shelter, O.D.

“Radiosurgical Techniques”

Nathan Lighthizer, O.D., F.A.A.O

“Oculofacial Biopsy”

Richard Castillo, O.D., D.O.



Meet the Instructors

Richard Castillo, O.D., D.O



Dr. Castillo is a graduate of the Oklahoma College of Optometry as well as the Oklahoma State University Health Science Center College of Osteopathic Medicine and Surgery. He completed a medical/surgical internship followed by a residency in Ophthalmic Surgery at the OSU Medical Center in Tulsa. He has been Northeastern State University's principle surgeon, consulting ophthalmologist, and a clinical professor of Optometry since 1999. He currently serves as Assistant Dean overseeing the surgical training program, as well as Chief of the University's Ophthalmic Surgery Service. He is a strong proponent of optometric continuing education, lecturing extensively, and holding workshops both nationally and internationally. Dr. Castillo is the author of several textbook chapters. He is the immediate past-chair and commissioner of the National Commission for Vision and Health. He has served on the Applied Basic Science committee for the National Board of Examiners in Optometry, and as one of the exams Councils. Dr. Castillo is also a member of the Oklahoma Medical Reserve Service Corps. Rich resides happily in Tahlequah, OK along with his wife Tammy (also an Optometric Physician and NSU grad), their two boys, Nathan and Joshua, and a very opinionated miniature schnauzer named Max.

Nathan Lighthizer, O.D., F.A.A.O



Dr. Lighthizer, is a 2009 graduate of Pacific University College of Optometry. Upon graduation, he completed a residency in Family Practice Optometry with an emphasis in Ocular Disease through Northeastern State University Oklahoma College of Optometry. Dr. Lighthizer has since joined the faculty at the Oklahoma College of Optometry and serves as the Chief of Specialty Care Clinics and the Chief of Electrodiagnostics Clinic. He was recently named the Director of Continuing Education as well as the Clinic Director at the Oklahoma College of Optometry. Dr. Lighthizer lectures nationally on numerous topics, most notably advanced ophthalmic procedures, electrodiagnostics, and ocular disease.

Douglas K. Penisten, O.D., Ph.D.



Dr. Penisten is a Professor and the Dean of the Oklahoma College of Optometry at Northeastern State University in Tahlequah, Oklahoma.

A graduate of Indiana University, Dr. Penisten served as a Senior Lecturer for four years in the Department of Optometry at the University of the North, Republic of South Africa. At NSU he teaches courses in optometric history, binocular and refractive analysis.

Dr. Penisten is a former Chair of the Accreditation Council on Optometric Education. He has served as a member of the National Board of Examiners in Optometry Basic Science Council and served as the Vice Chair of the Education Committee of the World Council of Optometry. Dr. Penisten is very active in international optometric education and curricular development.

Joseph L. Shetler, O.D.



Dr. Shetler currently serves as an assistant professor/clinic chief at Northeastern State University Oklahoma College of Optometry, where he teaches practice management courses. Prior to accepting this position, he was the senior partner in a multi doc, multi-location practice in Western Nebraska and South Dakota. Dr. Shetler served in this area for 25 years. Dr. Shetler graduated from Indiana University with honors in 1985 and is a lifelong Hoosier basketball fan. Dr. Shetler has been recognized as Nebraska's young optometrist of the year, optometrist of the year and received Nebraska's distinguished service award. Dr. Shetler is a diplomate of the American Board of Optometry.

Registration Information

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Registration Form 2019 WOA Advanced Procedure Course—November 15—17 Registration Deadline: November 1, 2019

Registrant Name _____

AOA Member # _____ OE Tracker # _____ State License # _____

Mailing Address _____

City/State/Zip _____ Daytime Phone (____) _____

Email Address _____ Fax Number (____) _____

Payment Information: _____ Check _____ Credit Card

MC _____ VISA _____ Discover _____ AMEX _____

Zip Code _____ Expiration Date: _____ 3 Digit V-Code _____

Card #: _____

Address: _____

City/State/Zip: _____

Signature: _____

Please return to: WOA – 6510 Grand Teton Plaza, Suite 312, Madison, WI 53719 – FAX: 608-824-2205
Phone: 800-678-5357

What's Included in Your Registration Fee:

- ◆ 9 hours of COPE-approved live lecture
- ◆ 3 hours of COPE approved video grand rounds
- ◆ 4 hours of COPE approved lab rotation

Cost:

WOA Member Fee = \$1,300.00

AOA Member Fee = \$1,350.00

Non AOA Member Fee = \$1,500.00

Online registration available at:

https://www.woa-eyes.org/event_registration?id=49

Registration Deadline:

November 1, 2019

To register:

1. Complete the registration form below and return to WOA with either a check or your credit card information.

Event Location:

Glacier Canyon Lodge
45 Hillman Road, Wisconsin Dells, WI 53965

Hotel Accommodations:

If you need overnight lodging, a block of rooms is being held for your convenience at the Glacier Canyon Lodge at a rate of **\$100.00 for Friday night**. To make a reservation, please call the Lodge at **1-800-867-9453** and ask for the WOA Primary Care Symposium room block. Please register for your hotel room as early as possible, as we have a finite number of rooms available. The room block will be released **October, 15, 2019**.